

June 2010, UCSF Division of Cardiology – Dr. Ivy Ku (2002-03 Fellow), UCSF, Dr. Rima Arnaout (2005-06 Fellow), UCSF and Dr. Sahil Parikh (1998-99 Fellow), Case Western Reserve University School of Medicine

I had the privilege of being invited by Drs. Ivy Ku and Rima Arnaout to be Sarnoff Visiting Professor to the UCSF Division of Cardiology on June 2-3, 2010. As a junior faculty member, I was thrilled by the invitation to give grand rounds, meet UCSF faculty and visit with UCSF cardiology fellows to talk about career planning in academic cardiology. During my visit, I met with many of the UCSF faculty in interventional cardiology and was able to spend time with investigators in their Cardiovascular Research Institute, and tour some of their new research facilities. Having recently joined the faculty at Case Western where I direct a large animal catheterization and physiology laboratory, it was an extremely helpful visit which may result in a fruitful collaboration with UCSF faculty. In addition, I had the opportunity to meet with senior faculty at UCSF who provided me with helpful career advice. Over lunch, I met with the UCSF cardiology fellows to talk about career planning in academic cardiology, which was a thrill, as I have overlapped with 50% of their fellows as a Sarnoff alumnus or MGH Chief Resident. At the end of my first day, I gave a Grand Rounds lecture entitled, "Advances in Interventional Therapies for Peripheral Arterial Disease" which was attended by approximately 50 members of the UCSF Division of Cardiology and subsumed my clinical interests in vascular intervention and research interests in the vascular response to injury. Following my lecture, I was also invited to attend a city-wide fellows conference to review interventional cases and interact with the UCSF fellows. Overall, the visit to UCSF was very helpful for me at this stage in my career permitting me the opportunity to interact with potential collaborators, and share ideas with faculty who were able to provide mentorship from outside of my own institution.

On the night following my visit to UCSF, I was lucky enough to host a Sarnoff Alumni Reception with several recent Alumni at a local restaurant (see photo). We had a wonderful time sharing Fellowship experiences, talking about balancing careers as a physician-scientist, and balancing family and career goals. I had a wonderful time visiting UCSF, and it is clear that the Sarnoff Visiting Professor program fulfills our goals of lifelong mentoring and career development. I want to thank my hosts Ivy and Rima and the Sarnoff Foundation and especially the Alumni Committee for supporting my visit.



Dr. Marie-Eve Laden, Dr. Sahil Parikh, Ms. Kaartiga Sivanesan and Dr. Rima Arnaout